

# **Educational Resources** for Preceptors

### **Dietetics RDN Preceptor Training Program**

Preceptor Training Course (thinkific.com)

- Free
- 8 CPE
- Presented by Commission on Dietetic Registration

The Dietetics Preceptor Training Program helps preceptors of dietetics students prepare for and excel in their important role as teachers, coaches and mentors. This free training was formerly provided on the Commission on Dietetic Registration website. The training materials have not been modified; they have only been moved to a new learning management platform. The complimentary training awards participants with 8.0 CPEUs. The training includes seven modules covering the following Modules:

Module 1: Role as Preceptor

Module 2: Planning and Organizing Experiences

Module 3: All Students are NOT the Same

Module 4: Assessing Student Learning

Module 5: Communicating Effectively

Module 6: Managing Your Time

Module 7: Keeping Current in Dietetics Education & Credentialing

## **Preceptor Education Program**

http://www.preceptor.ca/index.html

- Free
- For all healthcare professionals and students
- Does not offer CPE to RDs
- Some modules may be more applicable to students
- Modules 30-45 min each
- Modules include.
  - Welcoming the student, roles and expectations
  - Developing learning objectives
  - o Giving and receiving informal feedback
  - Understanding and fostering clinical reasoning
  - Fostering reflective practice
  - Dealing with conflict
  - Evaluation process
  - Peer coaching
  - Optimizing the learning process

## Get CPE credit for precepting!

- Max 3 Credit hours per year for precepting
- Max 15 hours per 5-year cycle
- Must complete form and have it signed by DI Director
- For more information visit <a href="https://www.cdrnet.org/cpeu-credit-for-preceptors">https://www.cdrnet.org/cpeu-credit-for-preceptors</a>

## 2022 DEI Noteworthy Practice Honorees VA Greater Los Angeles Healthcare System Dietetic Internship Jillian Redgate MS, RD

Noteworthy Practice Category: Educational Activities in the Classroom and/or During Supervised Practice

The VA Greater Los Angeles Healthcare System (VAGLAHS) Dietetic Internship has implemented a 26-week multimedia (podcasts, articles, videos, and interactive web content) Diversity, Equity, and Belonging (DEB) curriculum for the 2021-2022 academic year. The objectives are to improve interns' cultural competence and humility, increase awareness of implicit biases, and understand how increased competence, humility and awareness of biases can improve patient care. The curriculum aims to teach interns about the principle in the 2018 Code of Ethics for the Nutrition and Dietetics Profession: "Social responsibility for local, regional, national, and global nutrition and well-being (Justice)" and meets the ACEND competencies CRDN 2.11, CRDN 2.14, CRDN 3.9 and CRDN 3.14.

Volunteers from diverse backgrounds reviewed the material and provided helpful recommendations. Topics include privilege, anti-racism, health at every size, race-based medicine, the effects of chronic stress and trauma on health, microaggressions, mental health stigma, ableism, intersectionality, DEB at work and in dietetics, and numerous weeks exploring specific groups including Black, Latinx, AAHNPI, Indigenous, Jewish, Muslim and LGBTQ+people.

The interns completed 3 Harvard Implicit Bias Tests prior to beginning the curriculum and anonymously recorded their scores. They were surveyed after the first 6 weeks with positive results, indicating they felt the curriculum was improving their cultural humility, competency, and helping to improve their care of patients/clients. They will repeat Harvard Implicit Bias Test results after week 26, ideally with improved scores. We plan to update the curriculum annually to ensure the material remains fresh and relevant.

### • Presentation Recording

New York-Presbyterian Nutrition - Our Commitment to Diversity and Inclusion

https://www.youtube.com/watch?v=OYZOFPJkvuk